



# FORT SMITH PUBLIC LIBRARY

## WIGGLE WORMS

Tuesdays at 10:00 a.m.

### **Hi, Hello, and How Are You**

Hi, hello, and how are you?  
How are you? How are you?  
Hi, hello, and how are you?  
How are you today?

### **We Love Babies!**

We love babies. We love babies.  
Yes, we do! Yes, we do!  
Babies are for hugging.  
Babies are for kissing.  
We love you, yes we do!

### **If You're Happy**

If you're happy and you know it  
Clap your hands!  
If you're happy and you know it  
Clap your hands!  
If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it  
Clap your hands!  
2) Stomp your feet  
3) Blow a kiss

### **Sneeze Game**

You see with your eyes,  
Touch your eyes.  
You sneeze with your nose,  
Touch your nose (achoo).  
You hear with your ears,  
Touch your ears.  
You kiss with your lips,  
Kiss me here.

### **Knee-Bouncing Rhyme**

Mother and Father and Uncle John  
Went to town, one by one!  
Mother fell off!  
And Father fell off!  
But Uncle John went,  
On and on and on and on!

### **Roly Poly**

Roly poly, roly poly, up, up, up.  
Roly poly, roly poly, down, down, down.  
Roly poly, roly poly, out, out, out.  
Roly poly, roly poly, in, in, in.

### **Baby Hokey Pokey**

You put your arms up,  
You put your arms down,  
You put your arms up,  
And you wave them all around  
Then you tickle, tickle, tickle  
And you wiggle, wiggle, wiggle  
That's how baby hokey pokey goes!

2) Legs

3) Whole Baby

### **This Is**

This is big, big, big.  
And this is small, small, small.  
This is short, short, short.  
And this is tall, tall, tall.  
This is fast, fast, fast.  
And this is slow, slow, slow.  
This is yes, yes, yes.  
And this is no, no, no.

### **Where Oh Where?**

Where oh where are baby's fingers?  
Where oh where are baby's toes?  
Where's the baby's belly button?  
Round and round it goes!

Where oh where are baby's eyes?  
Where oh where is baby's nose?  
Where's the baby's belly button?  
Round and round it goes!

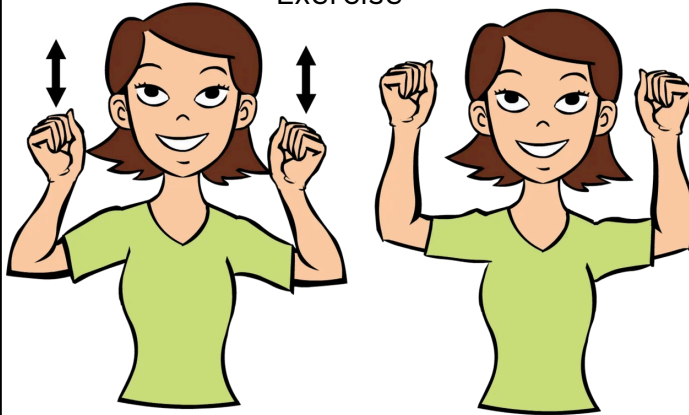


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PUBLIC LIBRARY

# WIGGLE WORMS

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## Baby Sign Language: Exercise



### Mama's Little Baby

Mama's little baby loves dancing, dancing.  
Mama's little baby loves turning around.  
Mama's little baby loves dancing, dancing.  
Mama's little baby loves to boogie on down.  
Lean to the left.  
Lean to the right.  
Hug that baby nice and tight.  
Lean to the left.  
Lean to the right.  
Hug that baby nice and tight.

### Tommy Thumbs

Tommy Thumb is up.  
Tommy Thumb is down.  
Tommy Thumb is dancing all around the town.  
Dance him on your shoulders,  
Dance him on your head,  
Dance him on your knees,  
Then tuck him into bed.

- 2) Peter Pointer
- 3) Terry Tall
- 4) Ruby Ring
- 5) Penny Pinkie

**Book:** *Toddlerobics* by Zita Newcome  
*Stretch* by Doreen Cronin

## Song!

### The More We Get Together

The more we get together,  
Together, together  
The more we get together,  
The happier we'll be!  
'Cause your friends are my friends  
And my friends are your friends  
The more we get together  
The happier we'll be!

The more we read together,  
Together, together  
The more we read together  
The happier we'll be!  
'Cause your books are my books  
And my books are your books  
And the more we get together  
The happier we'll be!

### Goodbye Song

Goodbye, goodbye,  
We'll see you soon,  
See you soon, see you soon  
Goodbye, goodbye,  
We'll see you soon  
On another day!

***These sheets are fun to  
use at home, too!***

