Abuse

Fiction
Abbott, Tony
Junk Boy
Avasthi, Swati
Split
Shusterman, Neal
Bruiser
Torres Sanchez, Jenny
The Fall of Innocence

Nonfiction
YA 362.76 PEL
A Child Called "It": One Child's Courage to Survive
YA 362.8292 LAB
Living in an Abusive Household

Addiction and Recovery

Fiction
Brothers, Megan
Debbie Harry Sings in French
Brown, Echo
Black Girl Unlimited: The Remarkable Story of a Teenage Wizard
Buffie, Margaret
Out of Focus
Cousins, Dave
16 Days without a Head
Dessen, Sarah
Lock and Key: A Novel
Ferry, Charles
Binge
Hopkins, Ellen
Crank
Reed, Amy Lynn
Clean
Shusterman, Neal
Roxy
Woodson, Jaqueline
Beneath a Meth Moon

Nonfiction
YA 362.29 SHE
We All Fall Down: Living with Addiction
YA 613.83 RED
The Dangers of Drug Abuse
YA 616.86 SHE
High: Everything You Wanted to Know About Drugs, Alcohol, and Addiction

Anxiety

Fiction
Henry, Katie
Let's Call It a Doomsday
McDowell, Kara
One Way or Another
Oshiro, Mark
Anger Is a Gift

Nonfiction
YA 152.46 COX
The Book of No Worries: A Survival Guide for Growing Up
YA 616.852 EAR
Your Brain Needs a Hug: Life, Love, Mental Health, and Sandwiches

Consent

Fiction
Garrett, Camryn
Full Disclosure
Lockhart, E.
Drumarama
Niven, Jennifer
Breathless
Steven, Laura
The Exact Opposite of Okay

Nonfiction
YA 176.4 FRE
The Big Questions Book of Sex and Consent
YA 176.4 HAN
Can We Talk About Consent?
YA 176.4 MOO
Everything You Need to Know About Consent
YA 364.153 STA
Coping with Sexual Consent
YA 613.907 CHU
Ready for It
YA 613.907 WIT
Doing It!
YA 613.9071 BRA
Real Talk about Sex and Consent: What Every Teen Should Know
YA 616.951 STR
Teens and STDs

Depression

Fiction
Ho, Joanna
The Silence That Binds Us
Khorram, Adib
Darius the Great is Not Okay
Konigsberg, Bill
The Bridge
Parker, Morgan
Who Put This Song On?
Vizzini, Ned
It's Kind of a Funny Story

Nonfiction
YA 616.852 COG
Depression: Insights and Tips for Teenagers
YA 616.8584 PAC
Everything You Need to Know about Suicide and Self Harm
YA 616.89 DON
Don't Call Me Crazy: 33 Voices Start the Conversation about Mental Health
YA 616.89 LIF
Life Inside My Mind: 31 Authors Share Their Personal Struggles
### Eating Disorders
**Fiction**
- Choi, Mary H. K.
  - Yolk
- Gonsalves, Florence
  - Love & Other Carnivorous Plants
- Griffin, N.
  - Just Wreck It All
- Lange, Erin Jade
  - Butter
- Martin, Maggie Ann
  - To Be Honest

**Nonfiction**

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<td>Beneath the Surface</td>
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<td>YA 616.8526 PET</td>
<td>You Are Enough</td>
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### Gender and Sexuality
**Fiction**
- Augustine, Myriad
  - Ace of Hearts
- Deaver, Mason
  - I Wish You All the Best
- Levithan, David
  - Two Boys Kissing
- Lundin, Britta
  - Like Other Girls
- Sass, Adam
  - Surrender Your Sons
- Smith, Amber
  - Something Like Gravity
- Stevens, Courtney C.
  - Dress Codes for Small Towns
- Talley, Robin
  - Music from Another World
- Villa, Jonny Garza
  - Fifteen Hundred Miles from the Sun

**Nonfiction**

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<td>The Book of No Worries: A Survival Guide to Growing Up</td>
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<td>The Letter Q: Queer Writers’ Notes to Their Younger Selves</td>
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<td>YA 306.766 MCK</td>
<td>Out!: How to be Your Authentic Self</td>
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<td>The Stonewall Riots: Coming Out in the Streets</td>
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<td>Beyond Magenta: Transgender Teens Speak Out</td>
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<td>Flamer</td>
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<td>YA 92 KOBABE</td>
<td>Gender Queer: A Memoir</td>
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### Health
**Fiction**
- Brown, Scott
  - XL
- Green, John
  - The Fault in Our Stars
- Herbach, Geoff
  - Cracking the Bell
- Moskowitz, Hannah
  - Sick Kids in Love
- Reichardt, Marisa
  - A Shot at Normal

**Nonfiction**

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<td>Positively Teen: A Practical Guide to a More Positive, More Confident You</td>
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<td>The Self Love Revolution: Radical Body Positivity for Girls of Color</td>
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<td>Body Drama</td>
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<td>Helloflo: The Guide, Period</td>
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<td>YA 612.60 OKA</td>
<td>Period Power: A Manifesto for the Menstrual Movement</td>
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<td>YA 741.5973 WIL</td>
<td>Go With the Flow</td>
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<td>YA 92 EARL</td>
<td>This Star Won’t Go Out: The Life and Words of Esther Grace Earl</td>
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For more LGBTQIA+ books and resources, ask for the teen LGBTQIA+ List!
<table>
<thead>
<tr>
<th>Self-Harm</th>
<th>Pregnancy and Parenthood</th>
<th>Sexual Abuse/Harassment</th>
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<td>Blade Silver: Color Me Scarred</td>
<td>With the Fire on High</td>
<td>Saints and Misfits</td>
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<td>Mather, Janice Lynn</td>
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<td>Just Wreck it All</td>
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<td>Hoban, Julia</td>
<td>Pink, Randi</td>
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<td>Willow</td>
<td>Girls Like Us</td>
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<td>Hopkins, Ellen</td>
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<td>Impulse</td>
<td>Concrete Rose</td>
<td>The Wolves are Waiting</td>
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<td>McCormick, Patricia</td>
<td>Waller, Sharon Biggs</td>
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<td>Cut</td>
<td>Girls on the Verge</td>
<td>What We Saw</td>
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<td>Oates, Joyce Carol</td>
<td><strong>Nonfiction</strong></td>
<td>Johnston, E. K.</td>
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<td>Two or Three Things I Forgot to Tell You</td>
<td>YA 306.8742 SHA</td>
<td>Exit, Pursued by Bear</td>
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<td>Schraff, Anne E.</td>
<td>My Girlfriend's Pregnant! A Teen's Guide to Becoming a Dad</td>
<td>Konigsberg, Bill</td>
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<td>Like a Broken Doll</td>
<td>YA 306.8743 BAN</td>
<td>The Music of What Happens</td>
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<td>On a Scale of 1 to 10</td>
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<td>Dangerous Play</td>
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<td>Warga, Jasmine</td>
<td>Dealing with Teen Pregnancy</td>
<td>Krischer, Hayley</td>
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<td>My Heart and Other Black Holes</td>
<td>YA 613.94 BEN</td>
<td>Something Happened to Ali Greenleaf</td>
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<td>Everything You Need to Know About Birth Control</td>
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<td>Sexual Assault: The Ultimate Teen Guide</td>
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</table>
RESOURCES

1st Choice Pregnancy Medical Center
479-484-5244

Al-Anon Information Source of Fort Smith
479-441-9705

Alcoholics Anonymous - Fort Smith
479-783-0123

Antioch for Youth and Family
479-459-0669

Center for Arkansas Legal Services
501-376-3423

Child Protective Services (AR)
1-800-482-5964

Child Abuse Reporting (OK)
1-800-522-3511

Children's Emergency Shelter
479-783-0018

Community Rescue Mission
479-782-1443

Comprehensive Juvenile Services
479-785-4031

Crisis Text Line
HOME to 741741

Fort Smith Boys Home
479-646-2819

Fort Smith Crisis Intervention Center
Local: 479-782-4956
24/7 Hotline: 1-800-359-0056

Girls Shelter of Fort Smith
479-646-0444

Good Samaritan Clinic
479-783-0233

Hannah House
479-782-5683

Heart to Heart Pregnancy Support Center
479-709-9035

HOPE Campus
479-434-4013

LGBT National Hotline
888-843-4664

LGBT Youth Talkline
800-246-7743

LoveIsRespect Dating Abuse Hotline
1-866-331-9474
TTY: 800.787.3224
Text LOVEIS to 22522

Narcotics Anonymous- Teens
800-477-6291

Narcotics Anonymous- Arkansas
800-338-8750

National Alliance on Mental Health
800-950-6264
Text NAMI to 741741

National Domestic Violence Hotline
800-799-7233
TTY: 800.787.3224

National Human Trafficking Hotline
1-888-373-7888

National Runaway Hotline
1-800-788-2929

National Suicide Prevention Hotline
1-800-273-8255 (ENG)
888-628-9454 (SPAN)

National Drug Helpline
844-289-0879

OptionLine (Pregnancy)
800-712-4357
Text HELPLINE to 313131

RAINN Sexual Abuse Hotline
800-656-4673

River Valley Teen Support Center
479-345-8336

Riverview Hope Campus
479-668-4764

S.A.F.E. Alternatives (Self-Injury) Hotline
800-368-8288

Safe Haven Baby Boxes Crisis Line (AR)
1-866-992-2291

Suicide Prevention Hotline
1-888-274-7472

Teen Line
800-852-8336
Text TEEN to 838863
(available everyday from 8pm to 12am)

The Trevor Project
866-488-7386
Text START to 678678